

Avoiding sexual abuse and assault

Here are some things you can do to protect yourself against sexual assault:

- Do not accept gifts or favors from staff or youth.
- Do not accept an offer from another youth to be your “protector.”
- Be direct and firm if others ask you to do something you don’t want to do. Do not give mixed messages to other youth regarding your wishes for sexual activity.

Trust your instincts. If you sense that a situation may be dangerous or inappropriate, it probably is. If you fear for your safety or the safety of another youth, report your concerns to staff.

Eastern Idaho Regional Behavioral Health Center

2280 E. 25th Street
Idaho Falls, ID 83404

P.O. Box 2300
Idaho Falls, ID 83403

208.227.2210

Teton Peaks

RESIDENTIAL TREATMENT CENTER

YOUR RIGHT TO BE SAFE FROM SEXUAL ASSAULT AND ABUSE



A GUIDE FOR YOUTH

What is sexual abuse?

- Youth or staff engaging in or attempting to engage in a sexual act with another youth.
- Threatening or intimidating someone sexually.
- Inappropriate touching.
- Pressuring a resident to engage in a sexual act.
- Making sexual comments that may include profane or abusive language or gestures.
- Exposing yourself to another youth.

Regardless of whether it is staff, youth or visitors, while you are in this facility no one has the right to pressure you to engage in sexual acts.

You do not have to tolerate sexual assault or pressure to engage in sexual behavior.

You have the right to be safe from sexual advances and acts.

What to do if you or someone else is abused or assaulted.

If you or someone else is sexually abused or assaulted, you should immediately inform a staff member you feel safe with and you should call the abuse and neglect hotline at: 1-800-926-2588 as soon as possible.

If you were sexually assaulted, you will be referred for a medical examination and clinical assessment.

You do not have to name the other youth or the staff member to receive assistance, but specific information may make it easier for staff to help you.

Confidentiality

Information concerning the identity of a victim reporting sexual assault or abuse, and the facts of the report itself, shall be limited to those who have a need to know in order to make decisions concerning the victim's welfare for law enforcement/investigative purposes.

Counseling

If you have been the victim of sexual abuse or assault you may seek counseling or advice from your counselor or the facility psychologist.